



## Your Doctors

Dr C. Carey (f)  
Dr J. Wood (m)  
Dr M. D'Ambrogio (f)

### Telephone

01409 241215

## Practice Manager

Sue McLaren

## **OPENING TIMES**

**8am—6.00pm**

**Dispensary 9am-5pm**

Closed Saturday & Sunday

### **Enhanced Access**

Monday & Tuesday evening, by pre-booked appointment only.

**Call 111 for medical advice & direction: 999 for life-threatening emergencies.**

### **When to call 999?**

**You should always call 999 in a life-threatening emergency:** heavy bleeding, chest pain, collapse or losing consciousness, extensive/major burns, sudden facial or limb weakness, seizures, spinal injury, floppy unwell infant, severe allergic reaction, poisoning or overdose, headache with loss of consciousness **all need 999.**

If you are unsure what to do, dial 111 to be directed.



## TOP TIPS from the DISPENSARY

Our dispensary staff work very hard to ensure that all your regular and emergency medications are authorised, ordered in and made up ready for you to collect. We are lucky to have a team of dedicated and experienced dispensary staff who ensure that this happens throughout the year.

**So, what little nuggets have they to pass on to you to ensure that everything runs as smoothly as possible? Here's their top tips!**

\*\*\* Please ensure you give at least **3 days** for repeat prescriptions to be processed and made up. Our suppliers only deliver once a day now, so we need this time to ensure the correct medication is available for your order.

\*\*\* Please ensure your personal details (name, address, mobile number for texting etc.) are all up to date. We are able to text you when your prescription is ready for collection, once we have consent from you to do this.

\*\*\* If you have an exemption certificate, or a pre-payment certificate for prescriptions **it must be up-to-date**. If yours expires and you get a new one, please let us know ASAP. Any prescriptions ordered outside of certificate dates will be charged.

\*\*\* **Check before you tick** (16 to 60 year-olds). You, or any third party who collects on your behalf, **MUST** ensure that the information given on collection is correct, and that exemption reasons are accurate. The NHS Business Services Authority are rightly clamping down on fraudulent claims for free prescriptions, so please make sure you tick the right box on the prescription slip when you collect. Penalty charges for patients are £100 plus the prescription charge for each item. **It is every patient's responsibility to ensure that the information given about themselves and their exemption status is correct.**

\*\*\* If your circumstances change and your exemption certificate is no longer valid, please let us know ASAP. If you are not entitled to an exemption and claim it, you could incur a penalty charge later down the line from NHS BSA.

To check your exemption status please go to:

<https://www.nhsbsa.nhs.uk/dont-get-caught-out-penalty-charges/check-you-tick>



Check before you tick



We are delighted to say that **Amy Andrew** will be returning to the dispensary again at the beginning of February, after her maternity leave. Amy will be working part-time initially.

Welcome back Amy. We've missed you!



We will be closed on  
**Tuesday 5th March**  
from 1pm onwards

for staff training.

For life-threatening emergencies call 999.

For urgent medical advice call 01409 241215 so you can be directed.

**BRADWORTHY SURGERY**

## HEALTHIER YOU

NHS DIABETES PREVENTION PROGRAMME

We'll help up to **20,000** people to reduce their risk of Type 2 diabetes this year.



Improving diet



Increasing physical activity



Losing weight

Find out more about the Healthier You: NHS Diabetes Prevention Programme online at [www.england.nhs.uk/ndpp](http://www.england.nhs.uk/ndpp)



# VACCINATIONS WHERE YOU ARE!



If you are under 65 and still need a flu vaccination, we will be holding a pop-up clinic on **Wednesday 7th February** at Holsworthy Cattle Market, 10am to 12 noon. **Advance booking is required.**

We are also offering pneumococcal vaccinations (see right) to anyone in the eligible group. This is a once-in-a-lifetime vaccination, which we would encourage you to have if eligible.

If you would like to book into this clinic for either vaccination, please call the surgery to book a slot. Due to limited vaccine supplies, we are not able to run it on a walk-in basis.

## Pneumococcal Vaccination

The pneumococcal vaccine helps protect against some types of bacterial infections that can cause serious illnesses like:

- meningitis (an infection in the brain and spinal cord)
- sepsis (a life-threatening reaction to an infection)
- pneumonia (an infection in the lungs)

It can also help protect against other illnesses such as sinusitis and ear infections.

The pneumococcal vaccine is recommended for babies, older people (aged 65 and above), and children and adults at higher risk of getting seriously ill from pneumococcal infections.

Plus, you'll only need it once in a lifetime. One dose does the job!



## GRAB YOURSELF A JOB!



**COAST&COUNTRY**  
PRIMARY CARE NETWORK

...at our pop-up vaccination station  
Bradworthy & Holsworthy patients ONLY

- FLU VACCINATION (under 65s only)
- PNEUMOVAX (ask on booking)

Check you are eligible via QR code. **BOOKING REQUIRED.**



at  
**HOLSWORTHY CATTLE MARKET**

**WEDNESDAY 7th FEBRUARY, 10am-12noon**  
Please contact your practice to book in.

## DIARY DATES

**We will be closed for the Easter break on**

**Good Friday 29th March**  
**Easter Monday 1st April 2024.**

KEEP UP TO DATE!

**BRADWORTHY SURGERY is on FACEBOOK**

